



"Why are
some people
happy
in their Work
and others not?"



A new organizational management model: Flow at Work™.

A revolutionary tool: the InterQualia® Assessment.

## The Concept of "Flow"

Flow is a beneficial emotional state that occurs when the right combination of skill level and challenge level produces high performance and a state of well-being.

Based on the theory of flow developed through the research of psychologist Mihaly Csikszentmihalyi\*, we can identify the causes of the various emotions that people experience while doing specific work activities.

## **Emotions and Performance**

Emotions have a considerable impact on individual and group performance.

- A person experiencing a negative emotional state at work can feel unmotivated, unable to deal with certain situations, stressed, and can even become ill.
- An organization experiencing a negative emotional state caused by its environment, culture, or management style can have problems with performance, creativity, profitability, and adaptability.

Poor emotional health at work results from improper use of people's Non-Technical Skills.

## InterQualia® and Flow

Based on the theory of flow, InterQualia® has developed:

- A highly effective tool, the InterQualia<sup>®</sup> Assessment, to evaluate the emotional situations and Non-Technical Skills that are responsible for emotions.
- A simple and practical management method for developing flow within an organization.

## The InterQualia® Assessment and Method

- A patented, scientifically validated solution.
- A tool for developing performance and creativity, planning future hiring, managing employee retention, reducing absenteeism, and for mobilizing, motivating and coaching people.

## A person who is experiencing flow:

- is self-confident
- is persevering, and resistant to stress
- is motivated by the activity itself
- enjoys work
- is creative and effective
- develops in an optimal way

# The InterQualia® Assessment highlights Talents and identifies emotional situations.

		EDECHENCY				
Non-Technical Skills	STATE	FREQUENCY High Average Low				
Classified according to 3 levels Strong - Average - Weak		You frequently have the opportunity to use this skill	You sometimes have the opportunity to use this skill	You rarely have the opportunity to use this skill		
Promoting an idea, product or project		<b>(</b>	Key competency Not frequently enough			
Thinking through complex or abstract problems		<b>(</b>	Key competency Far too infrequently			
Communicating with large numbers of people		`	<b>(</b>	Key competency Far too infrequently		
Working on a team	ė		Control Frequently enough			
Exercising leadership	5	Control A little too frequently				
Working with technologies	8	Arousal Frequently enough				
Developing and carrying out a project			<b>(</b>	Arousal Far too infrequently		
Helping or supporting others		Neutral Frequently enough				
Searching for new and original ideas	•		Neutral Frequently enough			
Using your artistic or esthetic sense			Neutral Frequently enough			
Working without rules or routines			Neutral A little too infrequently			
Working with tools	Ġ			Detachment Frequently enough		
Following instructions	À	Detachment Far too frequently				
Heine would as a second				W		
Using words or numbers				Worry Frequently enough		
Performing administrative task		Apathy Far too frequently	<b>\rightarrow</b>			
Working with your body, or using physical strength	•			Apathy Frequently enough		
Monitoring performance of tasks			Apathy Too frequently	<b>&gt;</b>		
Doing research on specific subjects				Apathy Frequently enough		
specific subjects				rrequently enough		

	• UNSATISFACTORY	SOMEWHAT SATISFACTORY	• SATISFACTORY			
INVOLVEMENT		The person is not involved				
QUALIFICATION		Considers self to have	average qualification			
USING SKILLS		Does not use his/her full	potential			
PERFORMING DESIRED ACTIVITIES		Does not do what interest	s him/her			

Certified consultant



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